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Mission Statement:

Celebrating God's love and forgiveness, we serve others.

Core Values:

Prayer, Accessibility, Service, Communication, Education, Worship, Youth, Healthy Relationships

Our Vision:

Following Jesus' example "we feed the hungry, clothe the naked, welcome the stranger, nurse the sick, and visit the imprisoned as we see Jesus in the faces of those we serve. "

St. Mark's Lutheran Church • 580 Hilltop Drive Chula Vista CA 91910 • (619) 427-5515 • Pastor Ron Hovick

COME AND ENJOY AN EVENING OF SONG.



Friday, April 23rd at 7 pm

Jacobson Hall

St. Mark's Lutheran Church.

Featuring the all girls singing group

SOUND UNLIMITED

from Bonita Vista High School

Under the direction of Roxanne Roncher.

Mark your calendars
for this delightful entertaining event.

Refreshments will be served
A free will offering will be taken.



“Music is the art of the prophets and the gift of God” -Martin Luther



ELCA Gifts to Haiti Earthquake Response Exceed \$2.7 Million

From ELCA NEWS SERVICE 1/30/10

Gifts by congregations and members sent to the Evangelical Lutheran Church in America (ELCA) for response to the earthquake in Haiti total more than \$2.7 million through Jan. 29, according to ELCA Treasurer Christina Jackson-Skelton. Nearly 16,000 individual gifts have been sent to the ELCA, she said.

On the same day, the ELCA, through its International Development and Disaster Response (IDDR), increased its total commitment to earthquake response efforts to \$925,000, wrote Megan Bradfield, IDDR associate director, ELCA Global Mission, in a Jan. 29 memorandum.

Earlier this month the ELCA committed \$600,000 to three partner organizations working on the ground in Haiti: The Lutheran World Federation/Department for World Service (LWF/DWS), based in Geneva; Lutheran World Relief, Baltimore; and Church World Service, New York. It also provided \$25,000 to Lutheran Services Florida for direct assistance to Haitians coming into the United States -- those who are U.S. citizens or Haitian nationals seeking medical services.

Church World Service, an ecumenical disaster response organization, used ELCA funds to ship medicine, hygiene and baby kits, blankets, and flashlights and batteries to Haiti, Bradfield wrote. It is also providing transportation to relief workers on the ground.

Bradfield wrote that the LWF/DWS "has already identified primary activities for implementation in the post-crisis phase" of the response. Those activities include food security, and livelihood through farming and cash-for-work programs, community shelters, education and school assistance, psychosocial services, training of local leaders, and disaster preparedness/risk reduction activities.

Thank you to the church for supporting our tea and The Watchers. We especially thank John Ward for his patience and availability to help with setting up for our events, to Jean Lewis and her "no name" committee for supervising the potluck dinner on Sunday, to Dave Barker for giving his time and patience to the sound booth when it was almost an impossible task, to Sheri Barker and Worship committee, to Barbara Atwood and her singers for music, to Pastor and Melody for office support, and to the Women of our church -- well done!

Jill McGrew

Wedding Policies & Fees...

"Membership in St. Mark's Lutheran Church by the bride or groom, or the parents of either the bride or groom entitles them to use of the Worship Space for the wedding ceremony."

Pastor	\$200	Counseling, rehearsal & wedding
Organist	\$200	Rehearsal & wedding
Coordinator	\$200	Pre-wedding coordination, rehearsal, wedding
Custodian	\$50	Rehearsal & wedding clean-up
Custodian	\$50	J. Hall set-up & clean-up
Sound Tech	\$50	Rehearsal & wedding
Worship space	0	

A wedding brochure with complete information is available in the church office.

Some Facilities Use Policies information...

The Council has been working on getting St. Mark's more organized and has established policies and procedures, with fees when appropriate.

If a group wants to use our facilities, please contact our Director of Operations, Brett Perkins. The church calendar must be checked when scheduling an event. A complete 3-page Building Use Guidelines may be obtained from the office.

We do ask for proof of liability insurance from groups from outside St. Mark's who wish to use our facilities. We find that we must be prudent with how much we expose St. Mark's to possible liabilities. A Facilities Use Application needs to be completed, and fees paid as stated in the Building Use Guidelines. (Of course, there are no fees for a church-sponsored event.)

I hope that this information proves helpful; because this is a change from how things have been done in the past.

Nancy Dreesen Council President

HOMEBOUND MEMBERS

PASTOR SEIBER (619) 575-7212

If you or someone you know has a need and would like a visit from Pastor John, please call the church office at **(619) 427-5515**.

Please keep these people in your prayers. Remembering that most of them might appreciate visits from you

Hilda Aubol	Esther Kort
Rocky Beebe	Olive Kramp
Betty Burgess	Lorrie Malonne
Kaho Chester	Arthur Mosen
Helen Dearmin	Ken Voight
Carol Graham	Jack Wahlquist
Florence Harris	Nora West
Eunice Hoefs	Bob Whittier
Peter Honrud	

Thank you St. Mark's for your gracious hospitality.

... Our WATCHERS cast was soooo well taken care of at your church. Thanks to you and all the folks who treated us so well; it was pure pleasure to bring the play to you. You have a wonderful congregation.

Blessings.
Elaine Aadland

First Communion Instruction

Saturday, April 24

9:00 AM to 3:00 P.M.

This interactive day is geared to fifth-graders. A parent or adult sponsor is required to accompany their student. The cost of the day is \$8.00 per person, which includes all supplies and the noon meal.

A Sponsor's Meeting

Sunday, April 18 at 10:15 A.M.
in the Conference Room.

Please call Nancy Dreesen at (619) **421-9733** to register your participation or call the church office. **427-5515**



PRAYER QUILTING CORNER

We meet for quilting and fellowship one Saturday a month from 10:00 a.m. to 2:00 p.m. in Jacobson Hall.

Lunch is provided. Come check us out and stay to help.

Questions or to request a prayer quilt - call Roz Nelson at 619 - 422-5463.

APRIL 17TH in JACOBSON HALL

Appreciation is a wonderful thing: It makes what is excellent in others belong to us as well. Francois Marie Arouet (Voltaire)

Have a Heart – Give Life!

Share the blessings of Easter by joining the family of St. Marks in our *Celebration of Life* barbeque and blood mobile drive – **Sunday, April 11th, 8:00 a.m. – 1:30 p.m.**

Make a difference in Life! Donate to blood as a way of *Celebrating God's Love and Forgiveness -- serve others* by **Being Brave – Being Christ-like in your Sacrifice – Giving Blood to Save Another's Life!**

Even if you cannot donate, please join us for our *Celebration of Life* barbeque on the patio on **Sunday, April 11, 11:00 a.m. – 1:00 p.m.** Help us celebrate God's gift of life—our own blessed lives, the lives of those we love and, most importantly, the lives of those who will be saved by the blood donations made in Jacobson Hall!

Basic Donor Requirements:

Generally good health and feel well - Be at least 17 years of age - there is no upper age limit - Weigh at least 110 pounds

Donation Frequency

- Whole blood donors may donate every 56 days.
- Platelet donors may donate every 48 hours.
- Plasma donors may donate every 4 weeks.

Immunizations:

- You can donate after the following immunizations, if you feel well – flu, pneumonia, tetanus, diphtheria, Hepatitis B
- Wait 4 weeks after immunizations for polio (oral), MMR (measles, mumps, rubella)

Medications:

- Accutane – wait 4 weeks after last dose
- Antibiotics – cannot donate if taking for an infection; okay if for prevention or maintenance
- Aspirin-containing products, Feldene and Lodine XL – platelet donors only, 48 hours after last dose.
- Advodart – 6 month wait after last dose
- Insulin from cows (bovine/beef) – cannot donate
- Plavix – Platelet donors only, wait 5 days after last dose
- Propecia – 4 week wait after last dose
- Proscar – 4 week wait after last dose
- Soriatane (Acitretin) – 3 year wait after last dose
- Tegison – cannot donate if ever taken
- Ticlid – platelet donors only, 14 day wait after last dose

Medical Requirements:

- Allergies – can donate if no infection present
- Asthma – can donate if no symptoms
- Body/Ear Piercing/Acupuncture – can donate if done with a sterile, single use needle or piercing gun, otherwise 1 year wait
- Cancer
 - Basel cell, squamous cell skin cancers & keratosis – can donate
 - Melanoma, malignant tumors – 1 year wait after last treatment & resolved
- Cold, fever, flu, sore throat, cough – wait until feeling healthy and well
- Cold sore, fever blister – wait until gone
- Dental work – routine work, wait until next day; root canal/tooth extraction – 3 day wait
- Diabetes – can donate if stable
- Heart attack – 1 year wait
- Heart surgery, coronary artery bypass surgery, angioplasty – 6 month wait
- Hemochromatosis – cannot donate
- Hepatitis or undiagnosed jaundice after age 10 – cannot donate
- Herpes (genital) – wait until lesions are gone
- Major/minor surgery – wait until healed
- Pregnant/abortion/miscarriage – 6 week wait
- Stroke – 12 month wait
- Tattoo – 1 year wait; no wait for cosmetic tattoo done in a physician's office

Travel Restrictions:

- Malaria area – 1 year wait if spent up to 5 years there; 3 year wait if spent 5 consecutive years or more there. (See www.sandiegobloodbank.org for more info.)
 - England – cannot donate if spent more than 3 months in U.K. from 1980-1996)
 - Europe – cannot donate if spent 5 years or more in European countries since 1980.
 - Iraq – 1 year wait after leaving
 - Military – cannot donate if spent 6 months or more on bases in northern Europe 1980-1990 or Southern Europe 1980-1996).
 - SARS affected area – 14 day wait after returning to USA
- Individuals at risk for AIDS (HIV): Do not donate blood if . . .
- You have ever tested positive for HIV
 - You have ever used needles to take drugs, steroids, or anything not prescribed by your doctor.
 - Are a male who has had sexual contact with another male, even once, since 1977.
 - Have ever taken money, drugs or other payment for sex since 1977.
- Have had sexual contact in the past 12 months with anyone described above.

Please keep in your prayer the plans of the up coming Synod Assembly in May to buy mosquito nets for the poor in Africa.

Each net costs \$10 and each church will take an offering, which then will be given at the assembly.

Keep in mind that you can be part of this by giving cash with a note attached in the offering plate, or a check with 'net' in the memo section.



“All who call on God in true faith, earnestly from the heart, will certainly be heard, and will receive what they have asked and desired, although not in the hour or in the measure, or the very thing which they ask. Yet they will obtain something greater and more glorious than they had dared to ask.”

Martin Luther

Jesus said unto her, I am the resurrection, and the life: he that believeth in me, though he were dead, yet shall he live (John 11:25).”

Five families to pray for April 2010
Duane & Janice Haugen
Norma Herrera, Nicholas, Nicole, &
Ruben Jaso
Wally & Eunice Hoefs
Marvin & Carol Holm
Jon & Roberta Holmerud

Valet church Parking for those in need: In order for this plan to work, we do need to know that you are coming and the approximate time of your arrival.

You may either call: the Church Office (619-427-5515) during the week Or call Pastor John (619-575-7212) on Saturday to notify us.

When you come: please use the I Street entrance near Project Hand and the stop near the bench outside the rear of the Worship Center